



JIVANA
SPA & WELLNESS



DEAR GUEST,

A haven of utter tranquility and well being awaits
in our award winning Jivana Spa.

Winner of consecutive World Spa Awards,
our dedicated team of professional massage therapists
are eager to welcome you and to deliver an utmost fulfilling,
peaceful and sensory driven experience.

Our Spa menu has been designed to provide
our guests with a holistic experience at the core,
detailing our various treatments and therapies available.
Should you have any questions, our Spa professionals
will be absolutely delighted to ensure your inquiries
are carefully addressed and well looked after.

We do sincerely hope to have the pleasure in
welcoming you to Jivana Spa and to provide you
with a unique and most memorable experience.



BODY MASSAGE

Treatments

Jivana Signature Massage 90 minutes 2,900

The signature massage from Aqua has been specially crafted using the blend of massage oils, union of massage techniques with a range of pressure from medium to firm. Leave you feeling totally calm and deeply relaxed.

Aromatherapy Massage 60/90 minutes 2,200/2,900

Slow rhythmic relaxing massage using aromatic oils to improve blood circulation, and release muscle tensions. Leave the world of care behind.

Deep Tissue Massage 60/90 minutes 2,200/2,900

This therapeutic massage involves deep pressure strokes focusing on specific areas such as neck area, upper and lower back to relieve body tension and to restore normal movement.

After Sun Massage 60/90 minutes 2,200/2,900

This healing massage is perfect for sun exposed using a blend of Aloe Vera and massage oils, rich in vitamins and minerals to soothing and cooling the skin.

Thai Massage 60/90 minutes 1,800/2,400

An ancient traditional Thai Massage is a fusion of acupressure, energy work and stretching techniques.

Junior Massage 60/90 minutes 1,800/2,400

Kids suffer from little problems which are hardly noticed by others. They experience pain and stress in very much the way adults do. Let your child discover the world of wellbeing. This massage provides comfort, relaxation, reduction of stress hormones, and improves quality of sleep and strengthens the immune system.

*Children age from 6 to 12 and all treatments must be accompanied by an adult.

Herbal Healer Oil Massage 90 minutes 3,300

Melt away the body ailments with our healing treatment. The hot compresses are ideal of alleviating pain, stiffness, soreness and backaches. The blend of traditional Thai herbs used in these compresses has a relaxing and invigorating effect on the body and mind while the full body massage soothe muscle tension and stiffness.

Foot Massage 30 minutes 1,300

Relaxing foot massage is highly recommended for those with tired legs and feet. The massage aids in alleviating stress and boosting body circulation.

Tension Relief Massage (energizing) 30 minutes 1,300

An experience recommended for knotted and painful areas, especially over upper back, neck and shoulders. Our therapist will work to release tension and restriction on those areas.

Indian Head Massage 30 minutes 1,300

Clear your mind with this massage to relax and remove fatigue caused by mental stress.





FACIAL Treatments

Moisturizing Facial

60 minutes

3,000

Suitable for dry skin, increase hydration, clears unflattering breakout, stimulate skin irritation.

Balancing Facial

60 minutes

3,000

Ideal for combination and oily skin types, to combat bacterial infections and to reduce the skin inflammation and irritations. They help in keeping skin clean and tightening up the pores.

Soothing Facial

60 minutes

3,000

Suitable for sensitive skin providing the greatest nutrition having the ingredients of chamomile extracts, corn, oak and roots. They reduce the skin irritation and protect the skin from pollution. Makes your skin vibrant and radiant.

BODY Scrub

Coconut Ginger Scrub

45 minutes

1,800

Coconut is a natural moisturizer while ginger is a gentle body exfoliating herb rich in vitamins, minerals and enzymes, leaving you a smooth and healthy skin.

Coffee Scrub

45 minutes

1,800

Rich in anti-oxidant and the aromatic scent of the coffee helps to relax your body and mind while honey moisture your skin, soften and radiance the skin.

Oatmeal Honey Scrub

45 minutes

1,800

Highly recommend for dry and mature skin as the oatmeal rich in vitamins and honey help to moisture your skin.

Kaffir Lime and Yogurt Scrub

45 minutes

1,800

Let the refreshing scent of the natural ingredients relax your body during the treat and look forward to youthful and radiant skin.

BODY Wrap

White Mud Wrap

45 minutes

2,000

Allow the clay's natural properties to eliminate the body toxins. The White mud is rich in minerals and nutrients, helping the skin to detoxify and stimulating the body to nourish the skin.

Aloe Cucumber Wrap

45 minutes

2,000

Excellent for sun burn or sensitive skin, combination of Aloe Vera and Cucumber will reduce redness and irritation to calm the skin.



All prices are quoted in Thai Baht and are inclusive of service charge and government taxes.



INDULGING SPA Packages

Jivana Package

180 minutes

5,900

Enjoy our wholesome spa experience. Starts with Steam bath to open the skin pores and makes it ready for oatmeal honey scrub. It's later followed by signature Jivana massage and Aqua facial to complete the session by Milk bath. Leave your body and mind enriched, relaxed and stress-free.

- Steam 15 mins
- Oatmeal Honey Body Scrub 30 mins
- Signature Massage 60 mins
- Nourishing Facial 60 mins
- Milk Bath 15 mins

Royal Siam Package

180 minutes

5,900

Recover Thai ancient remedies with an exquisite treatment. Pamper your skin with fresh coconut scrub, white mud wrap and then complete your experience with Thai massage with herbal bath

- Coconut Ginger Scrub 30 mins
- White Mud Wrap 30 mins
- Thai Massage 75 mins
- Herbal Compress 30 mins
- Herbal Bath 15 mins

Rejuvenation Package

90 minutes

3,300

This treatment can be tailored to suit your individual requirements. Begins with body scrub and followed by the body massage. Enjoy a luxurious treatment, leaving your skin soft smooth and relaxed.

- Choices of Body Scrub 45 minutes
- Choices of Body Massage 45 minutes

Spirit Package

90 minutes

2,800

A wonderful total relaxation package begins with full body massage of your choice and followed by foot or head massage. Feel totally relaxed and unwind.

- Aroma Massage 60 mins
- Foot massage or Indian Head Massage 30 mins

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